

Baptist Health Medical Group – Bariatric Surgery

# What Happens Next?

Once you complete and return your patient packet, your information will then be reviewed to ensure you meet criteria for surgery, and to review your insurance criteria and required documentation for bariatric surgery approval. You should hear from our office within 2 weeks of submitting your packet.

Our office is located at **<u>950 Breckenridge Lane Suite 10, Louisville KY, 40207</u>** on the 1st floor. Once you arrive at the area, drive around to the back side of the building where you should see a set of double doors to enter the facility. Right as you walk in, our office will on your right.

# What Happens During My Initial Visit?

During your first visit, you will see a Nurse Practitioner for a History and Physical, a Registered Dietician for a nutritional screening and a Psychologist. Plan to stay approximately 2-3 hours on that day. Bring any test results, recent lab work (within the past 30 days) and physician letters of support if you have them on that day.

# **Baptist Health Medical Group – Bariatric Surgery**

For any questions regarding insurance concerns or for questions related to medical concerns, test results, surgical scheduling etc.; please phone our office at **<u>502-894-9499</u>**. **The fax office is 502-894-9595**.

# **Baptist Health Louisville-Weightloss/Bariatric Center**

To speak with **Karen Barnett Sparks**- the Bariatric Program Coordinator- please phone <u>502-897-8264</u>. Karen can answer questions related to services provided by the program such as Support Groups, Intake appointments, etc. Please feel free to call if you have any concerns. Karen will make sure you are guided in the correct direction. **Her fax number is 502-897-8263 and her email address is karen.barnettsparks@bhsi.com**.

# Thank you for the opportunity to provide you with care.



# **Baptist Health Medical Group-Bariatric**

# **Patient Information Packet**

Preferred Procedure: <ul> <li>Laparoscopic Adjustable Gastric</li> <li>Laparoscopic Roux-en-Y Gastric</li> <li>Revision-Previous Weight Loss</li> <li>Laparoscopic Sleeve Gastrector</li> <li>Laparoscopic Greater Curvature</li> <li>Apollo Overstitch Procedure</li> </ul> Are you able to read, write and co If not, what is your primary language? Please list any other barriers to co	c Bypass Surgery my e Plication <b>ommunicate in the En</b>	packet. Attach a d glish Languag	copy of your insurates of your insurates of your insurates of your insurates of the second seco	
Patient Information				
First Name:	Middle Name:		Last Name	:
Social Security Number:	Date of Bir	th:	Age:	Gender: O Female O Male
Marital Status: O Married	• Single	O Divorced	• Separated	O Partnered O Widow
How many children do you have (p	please list ages)?			
Ethnicity: O African American	O Hispanic O	Native America	an or Alaska Native	O Choose not to specify
O Asian	O Caucasian O	Native Hawaii	an / Other Pacific Isl	ander O Other:
Religious affiliation:		_Patient's leve	l of Education:	
What is your height?ft	: <u>      in   Hov</u>	v much do yo	u weigh?	lbs. BMI:
Address Information:				
Street Address:				
City:				le:
E-mail:	_	Pho	ne (home):	
Phone (work):		Pho	ne (cell):	
Patient Employment Informat	ion:			
Employment status: O Full Ti	me O Ret	ired	<b>O</b> Disabled	O Student
O Part T	ime O Une	employed	O Homemaker	O Leave of Absence
Patient's Current Employer:	_			Years Employed:
Patient's Employer's address:				
Patient's Present or Former Occup	ation:			
Disabled? O Yes O No If	Yes, specify the year a	and cause: Ye	ar: Cause:_	
Can you walk unassisted? • • Yes	s 🔾 No How far	before needin	a rest?	(Approximate # of feet)

If you need assistance walking, wh Are you wheelchair bound and una				
<b>Do you have a Medical Surroga</b> <b>O YES O NO</b> If yes, who?			_	dical decisions? o you?
Spouse Information				
Spouse's Name:			Spouse's Date of Bir	rth:
Spouse's Employment Status:	O Full Time	O Retired	O Disabled	O Student
	O Part Time	O Unemployed	O Homemaker	O Leave of Absence
Spouse's Occupation:		Spouse's	5 SSN:	
Spouse's Employer:			Years Emplo	yed:
Spouse's Employer's address:		Spouse's	Cell Phone:	
Insurance Information – (This s	ection must be filled	out in addition to sendir	ng in a copy of your ins	surance card)
Payment Type: O Insuran		elf Pay		
Primary Insurance -				
Insurance Company:				
Policy Number:				
Subscriber Name:				
Customer Service Phone:				
Secondary Insurance				
Insurance Company:				
Policy Number:				
Subscriber Name:	Subscriber Date of Birth:			
Customer Service Phone:			Provider Phone:	
Emergency Contact				
First Name:		Last Nar	me:	
Relation to you:				
"I hereby authorize Baptist Healt appointments with the following name	h Medical Group- Bai	riatric to discuss my pro-	cess, diagnostic test re	sults and any scheduled
Name:		Relation	to you:	
Name:		Relation	to you:	
Patient Signature:			Date:	
Primary/Referring Physician				
First Name:	Las	t Name:		
Street Address:				
City:				

### Please list all Specialist Providers:

Provider Name	Telephone Number	Specialty

### **Blood Consent**

*You must be willing to ac	ccept blood or blood products during or after surgery if	your condition is such that the physician
deems it necessary.	(	
Patient Signature:		Date:

## Weight Loss History

(If yes, please provide this information when er	ntering in your previous	s surgical history	· )	
Have you ever had a "stomach stapling" or other gast	ric restriction procedure	e? • Yes	O No	
How long have you been 100 pounds or more overweil	ight?Years	When did you s	start dieting?	Age
How long have you been overweight?Year	s How long have you	been 35 pounds	overweight?	Years

(If yes, please provide this mormation when entering in you	previous surgical history.
What is the most weight you have ever lost on a single diet?	_lbs. How did you lose the weight?
How long did you sustain the weight loss?	• • • • • • • • • • • • • • • • • • •

### Check all that apply:

<b>Unsupervised Diet Attemp</b>	ts: O NONE			
O Body for Life/Bill Phillips	O High Protein	O Low Fat		<ul> <li>Cabbage Soup</li> </ul>
O Pritikin	O Stillman Diet	O Mayo Clinic	2	○ Fasting
O Gloria Marshall	O Herbal Life	O Calorie Cou	unting	○ Scarsdale
O Richard Simmons	O Sugar Busters	O Atkin's Die	t	○ Slim Fast
O Health Spa	O Low Carbohydrate	O South Bead	ch	O Other:
Supervised Diet Attempts	O NONE			
O Nutri-System	O Overeaters Anonymou	us O Weight Wa	itchers	<ul> <li>Jenny Craig</li> </ul>
O TOPS	O Optifast	O HMR		O DASH
O LA Weight Loss	O Diet Center	O Other:		
<b>Over-the-Counter or Prese</b>	cribed Medications for W	eight Loss:	O NONE	
O Acutrim O De	exatrim	○ Ionamin/Adipex	O Phendiet	O Prozac

**O** Tenuate

Acutini	S Dexadiiii	
O Wellbutrin	• Amphetamines	• Didrex

O Phentrol

O Redux	O Byetta	○ Plegine	○ Sanorex	O Meridia
O Xenical	O Diuretics	O Pondimin	O Phenteramine	
• Fen-Phen, # of month	NS:	O Other:		
Behavioral Treatment	s for Weight Loss: O NON	E I Exercise:	O NONE	
• Hospitalization	O Hypnosis			nary cycle or treadmill
•	• • • • • • • • • • • • • • • • • • •	O Swimming	-	t Training
O Residential Programs	O Other:	-	-	
Eating Habits, Do you	:	I		
Snack between meals?	O Yes O No	Eat large me	als? (gorge)	O Yes O No
Eat a lot of sweets?	O Yes O No	Drink carbon	ated beverages?	O Yes O No
Drink caffeine-containing	J drinks? O Yes O No	●If yes, h	ow many cans/bottle	es per day?
•If yes, how many cup	os per day?	Drink soda po	op? • Yes • No	O Diet O Regular
Have you used any of	the following to control you	ur weight?(Check a	ll that apply)	
• Binging and Purging	• Binging followed by	food restriction	• Vomiting	
O Excessive Exercise	O Excessive Calorie Re	estriction/Fasting		
If so, when and how long	g was this period of behavior?			
Do you currently force yo	ourself to vomit after eating?	O Yes	O No	
Why do you feel you eat	?	• Physical Hunger	O Loneliness	O Anxiousness
		• Makes me happy	O Bored	
What reasons do you fee	el contribute to your weight?	O Over Consumption		D Emotional Wellbeing
What else contributes to and/or maintain?	your weight struggle, i.e. how	do you account for wh	y you have been una	ble to lose weight
Please tell us how your v	veight is interfering with your h	ealth and life?		
Why are you seeking	weight loss surgery?			
Please tell us why you fe changes required?	el you can be successful with v	veight loss surgery, des	spite the extreme life	style and dietary

\_\_\_\_\_

If you use eating as an emotional outlet, what will you substitute when your eating is restricted?

\_\_\_\_

Medical History/Review of Sym	ptoms: (Ch	eck all that apply)	
General:		NONE	
□ Fevers		Weight Gain	Tired / No Energy
Night Sweats		Insomnia	Hair Loss
□ Appetite Change		Other:	
Head and Neck		NONE	
Wear contacts / glasses		Vision Problems	Hearing Problems
Sinus Drainage		Nose Bleeds	□ Hoarseness
Dentures, Partial / Full		Allergies	Glaucoma
□ Regular Ear Infections		Blurred / Double Vision	Other:
Cardiovascular		NONE	
□ Heart Attack		Chest Pain w/ Activity	Rhythm Changes
Congestive Heart Failure		High Blood Pressure	Palpitations
Varicose Veins		Dyspnea on Exertion	Ankle Swelling
Ankle / Leg Ulcers		Elevated Triglycerides	Phlebitis / DVT
Clogged Heart Arteries		Rheumatic Fever / Valve Damage / MVP	Rapid Heart Beat
Irregular Heart Beat		Cramping in legs when walking	Heart Murmur
□ Atrial Fibrillation		Elevated Cholesterol	Other:
Respiratory		NONE	
□ Asthma		Emphysema / COPD	Bronchitis
Pneumonia		Chronic Cough	Shortness of Breath at Rest
Use of Cpap / Bipap		Use of Oxygen	Snoring
Pulmonary Embolism		Sleep Apnea	□ Other:
Gastrointestinal		NONE	
□ Heartburn		Hiatal Hernia	
Diarrhea		Blood in Stool	□ History of Liver Enzymes
Constipation		IBS	Umbilical Hernia
Difficulty Swallowing		Hemorrhoids	□ Fissure / Polyps
Rectal Bleeding		Black, Tarry Stool	Ventral Hernia
Abdominal Pain		Enlarged Liver	Cirrhosis / Hepatitis
Gallbladder Problems		Jaundice	Pancreatic Disease
Nausea / Vomiting		GERD	Incisional Hernia
□ Barrett's Esophagus		Other:	
Bladder/Kidney		NONE	

□ Kidney Stones

□ Blood in Urine

□ Prostate Problems

Trouble starting urine	Burning / Pain on urination	Urinary Urgency/Frequency
Overall Loss of Bladder Control	Other:	
Gynecologic (for women only)		
Problems Conceiving / Infertility	Currently Pregnant	Uterine / Ovarian Cancer
□ PCOS	Menstrual Irregularity	Menstrual Pain
Excessively Heavy Periods	Plan to have more children	Post Menopausal
How many pregnancies have you had:		Date of Last Pap Smear?
How many miscarriages or abortions have	/e you had:	Date of last menstrual period?
Breast		
Nipple Discharge	Lumps / Fibrocystic Disease	□ Other:
Pain	Cancer	Date of last Mammogram:
Musculoskeletal		
Shoulder Pain	Neck Pain	Elbow Pain
Hip Pain	Wrist Pain	Back Pain
Foot Pain	Knee Pain	Ankle Pain
Plantar Fasciitis	Heel Pain	Ball of Foot Pain
Broken Bones	Carpal Tunnel Syndrome	Lupus
Muscle Pain / Spasm	Sciatica	Rheumatoid Arthritis
Fibromyalgia	Other:	
Neurologic		
□ Balance Disturbance	Dizziness	Restless Leg Syndrome
	Seizures or convulsions	
□ Knocked Unconscious	Numbness / Tingling	Multiple Sclerosis
□ Pseudotumor Cerebri (loss of vision f	rom high pressure in brain)	□ Other:
Psychiatric   NONE	Are you currently under the c	are of a mental health provider? 🛛 Yes 🛛 No
Depression / Anxiety		Borderline Personality Disorder
□ Bipolar Disorder ("manic-depression"	)	□ Dissociative Identity Disorder (Multiple Personality)
□ Schizophrenia / Schizoaffective		Seen a Psychiatrist or Counselor
□ Alcoholism / Substance Abuse		□ Been hospitalized for psychiatric problems
$\hfill\square$ Been in a chemical dependency prog	ram	□ Attempted suicide
$\hfill\square$ Currently taking medications for psyc	hiatric problems or for depression	Victim of Mental/Emotional/Sexual/Physical Abuse
□ Attention Deficit Disorder		□ Other:
Endocrine		
Parathyroid	□ Hypothyroid	□ Goiter
□ Low Blood Sugar	□ Excessive Thirst	Endocrine Gland Tumor
□ "Pre-Diabetes"	□ Diabetes (Diet or Pills)	<ul> <li>Diabetes (Insulin Shots)</li> </ul>
Abnormal Facial Hair	□ Excessive Urination	□ Gout
□ Other:		

□ Kidney Failure / Renal Insufficiency □ Leaking urine w/ cough/laugh/sneezing □ Men: PSA test in last year?

Blood/Lymphatic		
Low Platelets (thrombocytopenia)	Anemia	HIV / AIDS
Bruise Easily	🗆 Lymphoma	Swollen Lymph Nodes
Bleeding/Clotting Disorder	Blood thinning medicine use	□ History of DVT / PE
Prior blood Transfusion	□ Other:	
Skin		
Frequent Skin Infections	□ Keloids (Excessively Raised Scars)	Poor Wound Healing
Psoriasis	Rashes under Breasts / Skin Folds	Rosacea
Hair or Nail Changes	□ Other:	
List Prescribed Medications:	Taken for what condition:	Dosage/How Often:
List any Over-the-Counter med Product:	ications, herbal supplements or vitam Taken for what purpose:	
Allergies 🗆 NONE		
Latex Reaction:	— <b>—</b> (	
	□ Tape (adhesives),	Reaction:

Foods (List foods and the reaction):

Surgical Procedure(s):		Year						Year
Gallbladder	(Open)		_	Tonsille	ectomy			
Gallbladder	(Laparoscopic)		_	D & C	-			
Appendectomy	(Open)		_	Ear Su	rgery:			
Appendectomy	(Laparoscopic)		_	Mouth	Surgery:			
Hysterectomy	(Vaginal)		_	Heart s	surgery:	CABG/Stents		
Hysterectomy	(Abdominal)		_	Valve F	Replacem	nent		
Ovary Surgery:	O Ovaries Remo	ved	_	Pacema	aker			
Hernia: O Hiatal O	Inguinal O I	ncisional	O Um	bilical				
Tubal Ligation			_	Knee:		O Right	O Left	
Cesarean Section			_	Breast	Biopsy:	O Right	O Left	
Colonoscopy			_	Anti-re	flux proc	edure / Nisse	n Fundoplica	tion
Hemorrhoidectomy			_	Kidney	Surgery			
Colon Resection			_	Back:				
Endoscopy/EGD			_	Other:				
Date of Surgery:	of WLS:	Surge	eon:					
Original Weight prior to Su	urgery:	O Estimated O	Actual -	- Lowest	Weight A	chieved:	O Estin	nated O Actual
Anesthesia Problems	: Please tell us ab	out any proble	ms that	you hav	ve had w	ith anesthesia	a: ON	IONE
O Nausea	C	Heart Stopped	ł		O Wok	e up during pro	ocedure	
O Vomiting	C	Stopped Breat	hing		O Othe	er:		
• Difficulty Waking Up	C	Difficulty Urina	ating					
Social History								
Do you smoke now?			O Yes	O No	If yes,	how many pa	cks per day?	
Have you smoked in the	e past?		O Yes	O No	If you l	nave quit, how	v many years	s since?
For how many years did	d you use tobacco?			Ye	ears			
Do you use snuff or che	ew?		O Yes	O No	If yes,	how frequent	ly do you use	?
Do you consume alcoho	ol now?		O Yes	O No				
If yes, how many times per week?					If yes,	how many dri	inks each tim	e?
For how many years do/did you drink alcohol?				Ye	ars			
Is anyone concerned at	pout the amount yo	ou drink?	O Yes	O No	If you l	nave quit, how	v many years	since?
Do you use street drugs now?			O Yes	O No	If yes,	what drugs?		

If yes, how frequently do you use these drugs?			If you have quit, how many years since?	
Could someone help care for you if you were seriously ill?	O Yes	O No	Who?	
Are there people for whom you are the primary care giver?	• Yes	O No	Who?	

### Family Medical History: (Check all that apply)

Are there people for whom you are the primary care giver?

Disease	Mother	Father	Siblings (specify brother or sister)	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather
Morbid Obesity							
Diabetes- Age Occurred							
High Blood Pressure							
Stroke- Age Occurred							
Heart Attack- Age Occurred							
Cardiovascular Disease							
Sleep Apnea							
Cancer: Type & Age Occurred							
Death- Age & Cause							
If Still Living, what age							

### Thank you for taking the time to fill out our Patient Profile Packet.

Please check to make sure that you have	Mail completed packet and Insurance Card to:			
completed all the following before sending in your packet:	Baptist Health Medical Group Date Completed:			
<ul> <li>Filled out this form as completely as possible</li> <li>Made a copy of the front and back of your insurance Card</li> </ul>	950 Breckenridge Lane, Suite 10 Louisville KY 40207			
<ul> <li>Called your insurance and completely fill out the Insurance Review Form</li> </ul>	Insurance question contact our office Phone: 502-894-9499 Fax: 502-894-9595			

- Important Note: You will be responsible for contacting your insurance company to verify that you have bariatric surgery benefits and to predetermine your financial responsibility. Contact your insurance company and complete page 11 & 12 with a customer service representative.
- Baptist Health Medical Group Bariatric Surgery will contact your insurance company to verify the criteria and documentation requirements for bariatric surgery authorization/precertification.

# **Contact your insurance company**

Every insurance plan covers surgery costs differently, which can make it difficult to know how much your procedure will cost ahead of time. However, with a little digging, you can usually find out whether or not your insurance will cover a procedure and what you should expect to pay.

Below are a few helpful insurance terms:

**Copay:** A predetermined rate you pay for health care services at the time of care. For example, you may have a \$25 copay every time you see your primary care physician, a \$10 copay for each monthly medication and a \$250 copay for an emergency room visit.

**Deductible:** The deductible is how much you pay before your health insurance starts to cover a larger portion of your bills. In general, if you have a \$1,000 deductible, you must pay \$1,000 for your own care out-of-pocket before your insurer starts covering a higher portion of costs. The deductible resets yearly.

**Coinsurance:** Coinsurance is a percentage of a medical charge that you pay, with the rest paid by your health insurance plan that typically applies after your deductible has been met. For example, if you have a 20% coinsurance, you pay 20% of each medical bill, and your health insurance will cover 80%.

**Out-of-pocket maximum:** The most you could have to pay in one year, out of pocket, for your health care before your insurance covers 100% of the bill.

# **Bariatric Surgery Procedure Codes**

- Gastric Sleeve 43775
- Gastric Bypass 43644
- Gastric Band 43770

# **INSURANCE REVIEW FORM**

# This form does not need to be completed for Medicare, Medicaid, Medicaid MCO's but it does need to be filled out for Medicare Replacement, Medicare HMO and Medicare Supplements.

This form is to help you determine whether or not your insurance policy has benefits for weight loss surgery, and to give you an idea of your out of pocket cost for surgery. Please follow the instructions below.

### Instructions:

- 1. Call the customer service number located on your insurance card and speak to a customer service representative.
- 2. Tell the representative that you would like to check policy benefits.
- 3. Follow the script below to get the necessary information. The questions provided to you should be read word for word to the customer service representative to insure the most accurate information possible.
- 4. Do not leave any fields blank.
- 5. Sign the form on the back. Failure to do so will result in the form being returned.
- 6. Once complete, return this form, along with a copy of your insurance card(s), to our office.
- 7. Please also make sure that you submit your patient profile packet via mail or internet.
- 8. If you have more than 1 insurance, a form must be filled out for each insurance. Therefore, make as many copies as needed before writing on this form.

Fill in this information before you call the insurance company. Please write clearly.				
Patient Name				
Patient Date of Birth				
Insurance Name				
ID Number				
Group Number				
Subscriber Name				
Subscriber Date of Birth				

#	Question for Representative	Answer from Representative					
1	Please look in my current year certificate of coverage. Do I have benefits for weight loss surgery for morbid obesity if medically necessary?	<ul> <li>□ Yes (Skip #2 and continue with this form.)</li> <li>□ No (Complete #s 2, 23, &amp; 24 then end the call.)</li> <li>**See explanation below</li> </ul>					
re	**An exclusion occurs when the policy purchased does not come with weight loss surgery benefits. If the insurance company representative told you that you have a contract exclusion in your policy that means that surgery will not be paid for even if it is medically necessary. The insurance company is not saying you don't need weight loss surgery, they are simply saying they are no going to pay for it. A contract exclusion can only be overturned if you have a self-funded policy.						
2	Please have the representative read the benefit or exclusion to you. Write it down word for word.						
3	Do I have a Bariatric Lifetime Maximum?						
4	Am I required to have Weight Loss Surgery at a Center of Excellence facility or Blue Distinction Center?						
5	Is Baptist Health Medical Group- Bariatric (Dr. Oldham) in my network? Tax ID#: 205497203						

7	Is the facility in my network? Baptist Health Tax ID# 610444707	
8	What is the effective date of my policy?	
9	Is a referral required?	
10	What is the deductible per calendar year?	
11	How much have I met towards my deductible?	
12	What is the maximum out of pocket per calendar year?	
13	How much have I met towards my maximum out of pocket?	
14	Is the deductible applied to the maximum out of pocket?	
15	What is the co-insurance percent for my policy?	
16	What are my financial obligations to the doctor for inpatient surgery?	
17	What are my financial obligations to the doctor for outpatient surgery?	
18	What are my financial obligations to the hospital for inpatient surgery?	
19	What are my financial obligations to the hospital for outpatient surgery?	
20	What are my financial obligations to the hospital for outpatient diagnostics (routine labs and x-rays)?	
21	What is my copay for a specialist office visit?	
22	Name of the representative	
23	Date you spoke to representative	
24	If you have an exclusion in your policy, would you like to self-pay for surgery? If yes, we will proceed with your process. If no, your process will be stopped.	□ Yes □ No

### **Disclaimer:**

- Baptist Health Medical Group-Bariatric is not responsible for incorrect information the insurance company may provide to you.
- Completion of this form does not mean a guarantee of payment for services that may be rendered to you. Should the insurance company deny any services, you will be responsible for 100% of the charges.
- Completion of this form does not mean that you are approved for weight loss surgery. A surgical pre-approval can only be obtained once the necessary documentation is sent to the insurance company by Baptist Health Medical Group- Bariatric.

### By signing below, I certify the following:

- I have read and understand the instructions that were provided to me.
- I have read and understand the disclaimer which includes that I am not approved for surgery.
- I have spoken to my insurance company and answered the above referenced questions to the best of my abilities.

Patient Signatu	ire:
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Date: