

lean smoothies

LESS SUGAR*

FEWER CALORIES*

NO ARTIFICIAL COLORS

GLUTEN FREE & 95% FAT FREE

Smoothie Company.com

Enhanced With Real Fruit & All-Natural Stevia

1

pick your size & protein

2

pick your flavor

3

stack it & boost it!

1 size & protein



16oz.

24oz.

20g of protein are included in your smoothie

CHOCOLATE PROTEIN

VANILLA PROTEIN

20g OF PROTEIN

40g OF PROTEIN

*compared to our traditional line of full fruit smoothies

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② pick a flavor!

STRAWBERRY BANANA..... 

STRAWBERRY..... 

TRIPLE BERRY..... 


PINA COLADA..... 

MANGO PEACH..... 

STRAWBERRY MANGO PEACH..... 

BANANA..... 

POG..... 

STRAWBERRY COLADA..... 

POM CHERRY..... 

ORANGE CREME..... 

MOCHA..... 

CHOCOLATE PEANUT BUTTER..... 



Our lean smoothies contain less* sugar and fewer* calories, are naturally sweetened and made with real fruit and all natural stevia to provide you with healthy calories after your workout.

**NUTRITIONAL
INFORMATION
Quick Sheet**

***Does not include protein**

Triple Action Protein

(1 Serving comes with every smoothie)

Protein Flavors	Calories	Carbs	Fat
Vanilla	110	2	2.5
Chocolate	115	3	3

Fruit Flavors	1 oz. (Fruit Boosts)		16 oz.*		24 oz.*	
	Calories	Sugar(g)	Calories	Sugar(g)	Calories	Sugar(g)
Strawberry Banana	35	21	105	21	140	28
Strawberry	35	21	105	21	140	28
Triple Berry	45	27	135	27	180	36
Pina Colada	40	24	120	24	160	32
Mango Peach	40	24	120	24	160	32
Strawberry Mango Peach	37	23	111	23	148	30
Banana	35	21	105	21	140	28
Raspberry / POG	35	21	105	21	140	28
Strawberry Colada	37	23	111	23	148	30
Pom Cherry	40	24	120	24	160	32
Orange Creme	40	24	120	24	160	32
Mocha	-	40	260	40	520	80
Chocolate Peanut Butter	-	25	280	25	560	50

