

## WHY CHOOSE BAPTIST HEALTH HOME CARE?

Baptist Health Home Care is a hospital-affiliated non-profit home healthcare agency that is licensed by the state, certified by Medicare and Medicaid, and accredited by the Joint Commission.

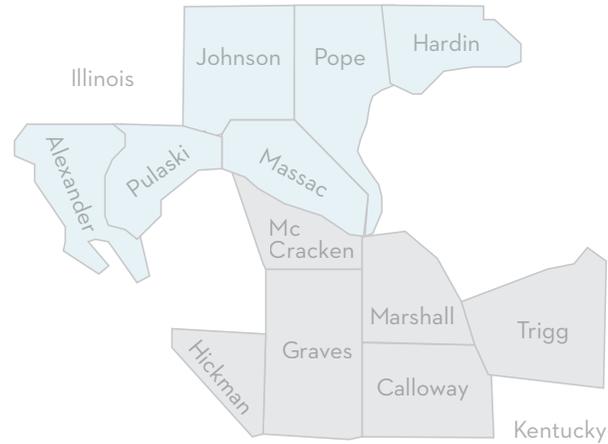
Our 24/7 home-based medical care includes:

- Nursing services
- Physical therapy
- Occupational therapy
- Speech language pathology
- Medical social work services

Your care is important to us. If you have questions about our services or need assistance with insurance, Medicare, Medicaid or self-pay options, contact us at 270.575.2990 or 1.888.847.6051.



## Counties We Serve



Serving Calloway, Graves, Hickman, Marshall, McCracken and Trigg counties in Kentucky. Serving Alexander, Hardin, Johnson, Massac, Pope and Pulaski counties in Illinois.



220 Lone Oak Road  
Paducah, KY 42003

Western Kentucky Service Area:  
270.575.2990 or 1.888.847.6051

Southern Illinois Service Area:  
618.524.3661

[BaptistHealthHomeCare.com](http://BaptistHealthHomeCare.com)

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# HOME CARE

*Providing care for our patients 24/7*



## WHY HOME CARE?

If you are recovering from surgery or an illness, or living with a chronic disease, such as congestive heart failure, COPD, diabetes or high blood pressure, you may need in-home medical care from Baptist Health Home Care. Baptist Health Home Care can help you recover faster and avoid readmission to the hospital.

Our home-based medical care includes nursing services for chronic-disease management, physical therapy and occupational therapy. Our healthcare team works closely with your physician to develop a personalized treatment plan just for you.

Baptist Health Home Care brings services to you in the privacy of your home and allows you to remain in familiar surroundings with your family.

## OVERVIEW OF SKILLED SERVICES

Baptist Health Home Care offers a variety of skilled services to fit your in-home healthcare needs:

- Skilled nursing
- Physical therapy
- Occupational therapy
- Speech-language pathology
- Medical social services



## Nursing Services

Our team of registered nurses is here to teach you how to manage your illness or injury and assist you with post-operative care. This includes teaching about the disease process and management.

Services include, but are not limited to:

- Heart care following surgery
- Congestive heart failure management
- Pulmonary care/home COPD management
- Diabetes care and management
- Stroke care
- Cancer care
- Disease management/education
- Medication reconciliation and management
- Post-surgical care
- Wound/ostomy care
- Foley catheter maintenance

## Physical Therapy

Sometimes getting back on your feet requires a little help. Regaining your strength and achieving your maximum functional independence at home are our primary goals.

- Post-orthopedic/joint surgery rehabilitation
- Home safety assessments
- Mobility training, including the use of assistive devices
- Fall prevention and balance training
- Vestibular rehabilitation
- Therapeutic exercise and home exercise programs
- Transfer training

## Occupational Therapy

When surgery or an illness affects your ability to perform daily tasks, occupational therapists can step in to show you how to adapt your routine and surroundings to help you maximize your independence.

- Education/training in daily living skills
- Energy conservation and work simplification
- Home safety assessment
- Therapeutic exercise and home exercise programs
- Self-management activities, including planning and memory skills

## Speech-Language Pathology

Whether you're experiencing a swallowing disorder or having trouble communicating, we're here to assist you.

- Dysphagia (swallowing) therapy and diet modification
- Oral and written communication skill development
- Augmentative communication device assessment and use
- Cognitive communication therapy (attention, memory, problem-solving)
- Voice therapy

## Medical Social Work Services

Needs often arise as you learn to cope with an illness or recover. Our home health medical social workers are available to provide counseling, education on community resources and assist with long-term planning.